

BlossomÉ

WOMEN'S DIETARY SUPPLEMENT

STORE IN A COOL, DRY PLACE.

TAKE IT

First thing in the morning.

DOSE

Adults take three capsules daily with food or as directed by your healthcare professional.

Tip: For best results, take every day for 30 days to see the true depth of the amazing benefits.



A Women's Balance Formula

To blossom is to bring about healthy or promising development, and our new product BlossomÉ will help you grow and blossom. BlossomÉ can help regulate your body, your immune system, and control inflammation. Some of the all-natural ingredients include Ganoderma Lucidum (red reishi mushroom), Black Cohosh and Maca Root; all of which have been used in traditional medicine for years. Maca root and Black Cohosh are intended to help with menopause symptoms and reishi mushroom boosts your immune system by increasing the activity of natural killer cells, known to fight infection. BlossomÉ acts like estrogen in the body, balancing your hormones, controlling cravings and improving the complexion of your skin with continued use. This proprietary blend was also developed to assist with improved memory, as well as elevating your mood. Get started today and begin feeling mentally and physically balanced with energy to take on the day.

Active Ingredients:

Folate

Helps to regenerate white and red blood cells. It can also prevent malformations of neural tubes in an infant's development in the womb.

Chromium

May help reduce hunger and cravings

Inositol Hexaphosphate

Boosts the immune system.

Black Cohosh

Controls symptoms of menopause, such as headaches, hot flashes, mood changes, sleep problems, night sweats, vaginal dryness.

Ashwagandha Root

This root is an adaptogen, which helps your body manage stress. It reduces cortisol, boosts brain function, helps elevate your mood. It may also help reduce inflammation and boost the activity of natural killer cells, which are immune cells that fight infection. The root helps heart health and also improves brain function and memory.

Diindolylmethane

Acts like estrogen in the body.

Reishi Mushroom

Boosts the immune system, alters inflammation pathways in white blood cells, increases the activity of natural killer cells (which fight infections), fights fatigue. Reishi also is an antioxidant that helps prevent damage to cells.

Korean Ginseng

Has an invigorating effect, reduces inflammation, improves brain function, boosts the immune system, helps increase energy levels.

Maca Root

Increases libido, helps relieve symptoms of menopause, improve your mood, increases energy levels, learning and memory.

Alpha Lipoic Acid

Found naturally in the human body (made inside the mitochondria), it reduces inflammation, slows skin aging, improves nerve function, helps with weight loss by reducing the activity of the enzyme AMPK which increases the feeling of hunger. APA also slows memory loss by neutralizing free radicals and suppressing inflammation.

CranRich PAC

Helps to prevent E.Coli bacteria from attaching to the lining of the bladder. Cranberries contain antioxidants that protect your body from damage from free radicals, also can boost your immune system.

Best Used With:

HSN A daily supplement with six vitamins and important minerals to keep your hair skin and nails healthy.*

NutraBurst liquid multivitamin dietary supplement replenishes vital nutrients & minerals.*

ProZ will promote good sleep while detoxing your body.*

Supplement Facts		
Serving Size 3 Capsules Servings Per Container 30		
	Amount Per Serving	% Daily Value
Folate (as ChromiumPolynicotinate)	400mcg	100%
Chromium (as ChromiumPolynicotinate)	160mcg	457%
Women's BlossomÉ Blend	2,250mg	**
Inositol Hexaphosphate, L-Glutathione Reduced, Black Cohosh Root (actaea racemosa), Ashwagandha Root (withania somnifera) Extract, Diindolylmethane (DIM), Reishi Mushroom (ganoderma lucidum) Extract, Korean Ginseng (panax ginseng) Extract, Maca (lepidium meyenii) Extract, Alpha Lipoic Acid, CranRich® PAC (Freeze Dried Cranberry (vaccinium macrocarpon) Extract)		
**Daily Value Not Established		

Other ingredients: HPMC Vegetable Capsule



Total Life Changes®, LLC
Fair Haven, MI 48023
1-810-471-3812
www.TotalLifeChanges.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a healthcare professional before using this product. The Federal Food, Drug and Cosmetic Act requires this notice.