

Delgada

PREMIUM SLIMMING INSTANT COFFEE

STORE IN A COOL, DRY PLACE.

MAKE IT

Mix one sachet into 8 fl. oz. of hot water.

TAKE IT

In the morning, noon, or whenever you'd like!

DOSE

One sachet as needed.



Drink & Shrink

Café Delgada is a premium Arabica instant coffee powered with the natural strength of the Ganoderma Lucidum (Red Reishi) mushroom. Delgada provides the body with key nutrients, controls appetite, and aids weight loss. With consistent use, Delgada may help you look and feel slimmer.* Our improved formula now has fewer calories and is formulated with Garcinia Cambogia. Through controlled studies, the use of this plant has shown significant results in aiding weight loss and appetite control.

Active Ingredients:

Advantra Z® (Citrus Aurantium)

Widely known as “bitter orange extract”, Advantra Z® is patented and designed to produce fat burning (thermogenic) results. It is a product that is derived from the immature (green) fruits of the Seville orange. Citrus aurantium changes the way your body metabolizes fat and can contribute to weight loss.

Garcinia Cambogia

Garcinia Cambogia is a small to medium-sized tree that grows in India and Southeast Asia. The fruit rind contains the chemical hydroxycitric acid (HCA) and has been used to boost fat-burning and cut back appetite in studies. It appears to block an enzyme called citrate lyase, which your body uses to make fat. It also raises levels of the brain chemical serotonin, which may make you feel less hungry.

Ganoderma Lucidum Extract

Ganoderma Lucidum is derived from the cap and stem of the Japanese Reishi mushroom. Reishi has been a popular medicinal herb for at least 2,000 years in the Far East, where it is touted as the mushroom for longevity and eternal youth. The primary active ingredients are two phytochemicals known as beta-glucan polysaccharides and triterpenes. The phytochemicals in Reishi are reported to stimulate the production of immune supporting antibodies. Reishi is also touted as an adaptogen, a substance thought to reduce the effects of mental, physical and emotional stress.

Green Coffee Bean Extract

Green Coffee Bean Extract is produced from the coffee beans that have not yet been roasted. These coffee beans contain a larger amount of the chemical chlorogenic acid which is believed to positively affect the body's metabolism and blood sugar level.

Best Used With:

All-natural Original & Instant Iaso® detox cleansing tea removes & flushes harmful toxins.*

NRG dietary supplement provides focus, sustained energy, and fat-burning capabilities.*

Resolution Drops dietary supplement suppresses appetite and offers aggressive weight loss.*

Nutrition Facts

28 Servings per container
Serving size **1 Packet (2.8g)**

Amount per serving
Calories 10

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Protein 1g	
Calcium	6%
Potassium	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other ingredients: Premium Arabica Instant Coffee, Garcinia Cambogia Extract (60% HCA), Green Coffee Bean Extract (50% Chlorogenic Acids), Natural Caffeine, Advantra Z® and Ganoderma Extract.



Total Life Changes®, LLC
Fair Haven, MI 48023
1-810-471-3812
www.TotalLifeChanges.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a healthcare professional before using this product. The Federal Food, Drug and Cosmetic Act requires this notice.