



PLANT-BASED MEAL REPLACEMENT

STORE IN A COOL, DRY PLACE.

MAKE IT

Mix 1 sachet with at least 16.9 fl. oz. hot/cold water. Shake well.

TAKE IT

Drink 30 minutes prior to eating.

DOSE

One sachet daily or as directed by your healthcare professional.



About Matrix

Matrix is a 100% organic plant-based nutrition shake with a complete balance of protein, complex carbohydrates, omega-3 fatty acids, branched-chain amino acids, adaptogens, digestive enzymes, pre & probiotics, and high-quality fiber.

All-day energy requires natural carbohydrates that come from complex, plant-based foods that you can find in Matrix. With only 140 calories and 21 grams of protein, Matrix is perfect for both weight management and muscle recovery. Ideal for athletes, on-the-go moms, busy professionals, and every health-conscious adult.

Matrix is truly a complete, 100% plant-based whole food meal replacement that supplies the nutrition of a meal without the extra calories. Just put Matrix in water or unsweetened almond milk and mix for a delicious, natural vanilla taste. Or make a Matrix shake with banana or berries, coconut or almond milk for a satisfying and nutritious meal.

Active Adaptogens In Matrix

ASHWAGANDHA

This ancient herb from India is commonly used to increase vitality, decrease sugar cravings, strengthen the immune system, improve physical energy and athletic ability, and reduce the negative effects of stress, anxiety, and insomnia.

MACA

The main action of Maca is to strengthen endurance, which gives the athlete a natural advantage. This root creates a stimulating response in both men and women, and helps balance the body's natural hormones. Due to Maca's high nutritional content of protein, natural sugars, calcium, iodine, magnesium, potassium, and fiber, it is often referred to as a "superfood" as well as an adaptogen.

SCHIZANDRA

An exotic berry, Schizandra exerts a normalizing effect on the entire body. Schizandra helps nurture the adrenal glands and turns down an overproduction of "stress hormones" like cortisol, promoting better mental capabilities, physical endurance, and metabolic health.

Supplement Facts

Serving size 1 Sachet (approximately 32.5g)

Servings per container 15

	Amount Per Serving	% Daily Value
Calories 140		
Total Fat	4g	6%
Saturated Fat	<1g	3%
Trans Fat	0g	**
Cholesterol	0mg	
Sodium	290mg	12%
Total Carbohydrates	8g	3%
Dietary Fiber	2g	8%
Trans Fat	<1g	**
Includes 0g Added Sugars	0g	**
Protein	21g	42%
Calcium	70mg	7%
Iron	5mg	3%
Potassium	30mg	1%
Organic Vegan Protein Matrix	31,750mg	**
Organic Pea Protein Concentrate, Organic chia seeds, Organic Brown Rice Protein, Organic Millet, Organic Quinoa		
Organic Adaptogen Matrix	2,000mg	**
Organic Ashwagandha Root, Organic Maca Root, Organic Ganoderma Lucidum		
Prebiotic Fiber Matrix	1,625mg	**
Jerusalem Artichoke Inulin, FOS, Apple Pectin, Organic Psyllium Husk		
Enzyme & Probiotic Blend	125mg	**
Digestive Enzyme Blend (Amylase, Protease SP, Protease 2, Acid Stable Protease, Bromelain, Papain, Invertase, Maltase, Cellulase, Beta Glucanase, Capsitase, Alpha Galacto, Hemicellulase, Xylanase, Peptidase, Phytase, Lipase, Lactase), 1 Billion CFU Probiotic Blend (Bacillus Subtilis HUS8, Bacillus Coagulans HC, Lactobacillus Acidophilus, Lactobacillus Bulgaricus, Bifidobacterium Blidum)		

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Daily Value Not Established

Other Ingredients: Malic acid, Natural flavor, Stevia



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a healthcare professional before using this product. The Federal Food, Drug and Cosmetic Act requires this notice.