

# ProZ

PREBIOTIC/PROBIOTIC & SLEEP AID

STORE IN A COOL, DRY PLACE.



TAKE IT	DOSE
Both capsules 30 to 60 minutes before bedtime.	Adults take one purple capsule and one white capsule daily with a minimum of 8 fl. oz. of liquid or as directed by your healthcare professional. Can be taken with or without food.



## About ProZ

ProZ is an all-natural supplement designed to assist in restoring the ideal microbiome composition in the gut. Some high carbohydrate diets, as well as a lack of probiotics and enzymes in the diet, cause an increase in unwanted gut bacteria like candida which leads to a myriad of diseases and other health issues. The ideal ratio of 'good' bacteria to 'bad' bacteria is 85% to 15%. High-quality probiotics in ProZ are intended to increase the number of 'good' bacteria while the prebiotic fibers feed only the 'good' bacteria helping restore proper balance in the most complex system in the body.

### ProZ Detox (white capsule) Great Gut Health

This advanced, all-natural prebiotic, probiotic, and enzyme blend provides a gentle detoxing effect, promoting weight loss and a healthy digestive system for higher nutrient absorption and energy utilization, leaving you feeling great and craving healthier foods.\*

### ProZ Rest (purple capsule) Great Night's Rest

Rest assured this formula is designed to help you naturally and effortlessly relax from your day, fall asleep faster, sleep more soundly, and feel great in the morning. It contains a complex blend of all-natural ingredients that promote mental and physical relaxation while improving sleep quality.\*

## Best Used With:

**Matrix** is a 100% organic plant-based nutrition shake perfect for both weight management and muscle recovery.\*

**NutraBurst+** liquid multivitamin dietary supplement replenishes vital nutrients & minerals.\*

**Chaga** is an all-natural immune-boosting superfood that functions as a powerful antioxidant.

## Supplement Facts

Serving Size 1 Capsule (ProZ Detox)  
Servings Per Container 30

	Amount Per Serving	%Daily Value
GI Health Complex	300mg	**
<small>Slippery elm bark extract, Ginger root extract, Marshmallow Root, Dandelion Root, Fennel, Milk Thistle extract, Fenugreek extract, Aloe vera root</small>		
Digestive Enzyme Prebiotic Complex	200mg	**
<small>17 Enzyme blend, Jerusalem artichoke inulin, Psyllium husk powder</small>		
TLC 5 Billion Cell Probiotic Spore	5B CFU	**
Bacillus subtilis (HU58)		
Bacillus coagulans (SC-208)		
Bacillus licheniformis		
Bacillus clausii (SC-109)		

Other Ingredients: Pharmaceutical-grade gelatin, titanium dioxide (natural color)

## Supplement Facts

Serving Size 1 Capsule (ProZ Rest)  
Servings Per Container 30

	Amount Per Serving	%Daily Value*
Stress Tame Complex	280mg	**
<small>Ashwagandha extract, Magnesium aspartate, L-Theanine, Chamomile extract, GABA</small>		
Beauty Sleep Complex	150mg	**
<small>CranRich® PAC, AroniaPURE™, Horsetail extract, Biotin (3mg)</small>		
Sleep Sound Complex	130mg	**
<small>Valerian root extract, Hops extract, melatonin</small>		
Adaptogen Complex	75mg	**
<small>Ganoderma lucidum extract, Maca extract</small>		
Magnesium (Magnesium aspartate)	32mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*\*Daily value not established

Other Ingredients: Pharmaceutical-grade gelatin (FD&C dyes)



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