

NRG

ENERGY & FOCUS ALL DAY

STORE IN A COOL, DRY PLACE.

<p>TAKE IT</p> <p>Morning or early afternoon.</p>	<p>DOSE</p> <p>Adults take one capsule daily with food or as directed by your healthcare professional.</p>
--	---



About NRG

This all-natural weight loss and energy supplement is designed to enhance your energy, metabolize fat, and reduce hunger without the “jitters” or sudden energy burnout. Includes Advantra Z™, an all-natural ingredient designed to work as a high-efficiency thermogenic fat burner, while leucine and green tea extracts help prevent the body from converting calories into fat.

Ingredients:

Chromium

Helps to transport blood sugar (glucose) from the bloodstream into cells where it is then used to convert fats, carbohydrates, and proteins into energy. Chromium also slows the body’s loss of calcium.

Vitamin B6 (Pyridoxine)

Required for the proper processing of sugars, fats, proteins, and for the proper growth and development of the brain, nerves, skin, and many other parts of the body.

Vitamin B12

This water-soluble vitamin is essential to the health of the brain, nerves, and skin. Up to 15% of adults have a vitamin B12 deficiency.

Advantra Z® (Citrus Aurantium)

Widely known as “bitter orange extract”, Advantra Z® is patented for fat burning (thermogenesis). It changes the way your body metabolizes fat and can contribute to weight loss.

Magnesium (Aquamin Carbonate)

Required for energy production and contributes to the structural development of bone, adults who consume less than the recommended amount of magnesium are more likely to have elevated inflammation markers.

Zinc

Needed for the proper growth and maintenance of the human body, this element is required for proper immune system function, wound healing, blood clotting, and the function of the thyroid.

Beta-Phenethylamine

A chemical naturally found in the body, beta-phenethylamine may improve athletic performance, speed weight loss, improve overall mood, and increase the attention span.

Green Tea Extract

Made from the Camella Sinensis plant, Green Tea extract affects thinking and alertness, increases urine output, and may improve the function of the brain’s chemical messengers. It’s also shown to increase the body’s metabolism, fat excretions, fat oxidation, and inhibit the development of fat cells.

Alpha-Ketoglutaric Acid (AKG)

An organic acid that’s important for the proper metabolism of all essential amino acids and the transfer of cellular energy in the citric acid cycle, AKG can reduce levels of ammonia formed in the brain, muscles, and kidneys. It may also help to balance the body’s nitrogen chemistry and prevent nitrogen excess in body tissues and fluids. Individuals with high protein intake, bacterial infections, or gastrointestinal dysbiosis may benefit from supplement AKG to help balance ammonia levels and protect tissues.

Choline Bitartrate

Choline is combined with a chemical salt (bitartrate) to help its absorption by the body. Small amounts of choline are naturally produced, but these amounts do not meet the requirements of the human body. This is one reason why supplementation is recommended. According to recent studies, the vast majority of peoples’ diets lack proper levels of this

nutrient. It is estimated that 2% or fewer of all post-menopausal women receive enough choline bitartrate through food intake.

5-Hydroxytryptophan (5-HTP)

Produced from the seeds of an African plant, Griffonia simplicifolia, 5-HTP increases the production of serotonin within the brain. Serotonin can affect sleep, appetite, body temperature, sexual behavior, and the sensation of pain. Since 5-HTP increases the synthesis of serotonin, it may play an important role in treating depression, insomnia, and obesity.

Vanadyl Sulfate (Vanadium)

A mineral used for improving athletic performance in weight training. Vanadium is believed to play a role in regulating the body’s blood sugar levels in ways similar to insulin. Studies show that vanadyl sulfate helps muscle cells by increasing the levels of proteins, amino acids, and carbohydrates within muscle tissues.

Supplement Facts

	Amount per Serving	% Daily Value*
Vitamin B-6 (Pyridoxine HCL)	8mg	400%
Vit B-12 (Cyanocobalamin)	100mcg	1666%
Magnesium (Carbonate)	17mg	4%
Chromium (Polynicotinate)	240mcg	200%
Proprietary Blend	918mg	
Phenylethylamine (PEA)		**
Caffeine (Natural)		**
Jet Black Cocoa Powder		**
Bitter Orange Extract 30% Advantra Z™		**
Green Tea Extract (90% Polyphenols/ 50% EGCG)(Camellia Sinensis)		**
Choline Bitartrate		**
Alpha Ketoglutaric Acid		**
Cinnamon Bark (Cinnamomum Cassia)		**
Trace Mineral		**
Griffonia Seed SE 99% 5-Hydroxytryptophan (5HTP)		**
Vanadium (Vanadyl Sulfate)		**

*Daily Value Not Established
Other ingredients: **Gelatin Capsule**, Silica, Cellulose, Magnesium Stearate, Brown Rice Powder.

Best Used With:

Original & Instant Iaso® detox and cleansing tea removes & flushes harmful toxins.*

NutraBurst+ liquid multivitamin dietary supplement replenishes vital nutrients & minerals.*

Resolution Drops dietary supplement to suppress appetite and offer aggressive weight loss.*



Total Life Changes®, LLC
Fair Haven, MI 48023
1-810-471-3812
www.TotalLifeChanges.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a healthcare professional before using this product. The Federal Food, Drug and Cosmetic Act requires this notice.