

# Essential Soap



Essential Soap from Total Life Changes® is a 100% pure therapeutic grade essential oils soap; combining a premium blend of oils and Shea butter to provide a superior cleanse while leaving skin moisturized and healthy.

- **Alleviates Soreness**
- **Moisturizes Skin**
- **Smooths Skin**

## Essential Soap

Essential oils have many therapeutic benefits. Some of these benefits are believed to derive from the aroma itself (olfactory); others are believed to be effected by means of contact with the skin (topical). Soaps, in particular, are a perfect pairing to essential oils because we depend on them for both olfactory and topical applications.

In the early 1900's essential oils were once classified by a Frenchman by the name of G.W. Septimus Piesse. He even went so far as to categorize essential oils based on a musical scale system of note, middle note, and base note. Top notes are fleeting. This is the rush of scent. Middle notes take a bit longer to recognize but they provide body to a scent blend. Base notes are slow to evaporate, long lasting and act as a fixative in the blend. They are typically rich heavy scents.

## Ingredients/Benefits

**Lemon Oil:** Has antibacterial and anti-fungal properties (top notes).

**Eucalyptus Oil:** Its properties include anti-inflammatory antispasmodic, decongestant, deodorant, antiseptic, antibacterial, stimulating and other healing qualities (top notes).

**Cinnamon Bark Oil:** Promotes circulation, helps alleviate sore muscles and joints (middle notes).

**Clove Bud Oil:** Is known for its antimicrobial, anti-fungal, antiseptic, antiviral, aphrodisiac and stimulant properties (middle to bottom notes).

**Shea Butter:** Derived from the seed of the Shea Tree. It is a superb moisturizer with exceptional healing properties. Known to treat blemishes, wrinkles, skin allergies, insect bites, burns, eczema, and dermatitis. Provides the same moisturizers as produced by sebaceous glands in the human skin.

**Coconut Oil:** Contains saturated fats medium chain fatty acids or triglycerides. When applied on the skin, they keep it smooth to the touch. Due to the presence of these fats, it retains the moisture content of the skin. Additionally, it contains capric, caprylic and lauric acid. These three fatty acids have strong disinfectant and antimicrobial properties. As a result, when applied on the skin, coconut oil protects from microbial infections that can get open wounds or even enter the body through the pores.

Distributed by:



Fair Haven MI 48023  
TEL: 586 630 5791  
[www.totallifechanges.com](http://www.totallifechanges.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a doctor before using this product.