



Iaso[®] Tea Instant

Total Life Changes[®] #1 directing-selling detox and cleansing. Iaso[®] Tea is available in an instant formula. You can enjoy all the benefits of our original proprietary blend and share a great glass of tea with others while out and about. Our blend is designed to offer the same benefits of herbal slimming and intestinal cleansing as the original Iaso[®] Tea formula.

- **Helps Better Sleep**
- **Detox And Cleanses**

Iaso[®] Tea Instant

Our unique blend is intended to provide gentle colon cleansing and natural body detoxification. Iaso[®] Tea Instant provides several all-natural and organic extracts well known for their anti-inflammatory and antioxidant qualities. The addition of soluble fiber in Iaso[®] Tea Instant's formula is designed to reduce appetite so you will feel fuller after eating. Iaso[®] Tea Instant works synergistically with Total Life Changes[®] full line of health and wellness supplements.

Consuming the tea prior to meals will begin to affect the stomachs "stretch receptors" which send a message to the brain that food is present. The soluble fiber enters the digestive tract after consumption, causing hormonal signals to be released to the hypothalamus (which controls the body temperature, hunger, thirst, fatigue, sleep, and circadian rhythms).

Both of these signals will continue to be released as your meal is consumed, thus creating a "feel-full factor" sensation within the brain.

Soluble Fiber Dextrin

Nutriose[®] FM 06 is a soluble dextrin derived from corn starch (which provides the benefits of dietary fiber while maintaining the quality of the tea). It has a low viscosity and dissolves in water easily. Studies have shown that soluble fiber www can promote satiety (the sensation of feeling full).

Cassia Angustifolia Extract

The extract of the seeds of Cassia Angustifolia, a native Indian plant, are reported to have powerful cleansing qualities that relieve constipation. The extract may also increase colon motility.

Carica Papaya Extract

This flowering plant originated within southern Mexico and Central America. Carica Papaya is believed to have anti-inflammatory, antioxidant and wound- healing properties.

Matricaria Chamomilla Extract

This extract is derived from the flowering head of the annual plant. It has been used in herbal medicine to treat stomach pain, irritable bowel syndrome and as a gentle sleep aid.

Distributed by:



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a doctor before using this product.