



Iaso® Tea INSTANT

Total Life Changes #1 directselling detox and cleansing

Iaso® Tea is now available in an instant formula. You can enjoy all the benefits of our original proprietary blend and share a great glass of tea with others while out and about. Our blend is designed to offer the same benefits of herbal slimming and intestinal cleansing as the original Iaso® Tea formula.

Nutrition Facts

Serving Size 1 packet (3.5g/0.1oz)
Serving Per Container 60

Amount Per Serving

Calories 10 Calories from Fat 0

	% Daily Values*
Total Fat 0 g	0%
Sodium 0 mg	0%
Total Carbohydrate 3 g	1%
Dietary Fiber 2 g	10%
Protein 0 g	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65 g	80 g
Saturated Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

Iaso® Tea Instant

Our unique blend is intended to provide gentle colon cleansing and natural body detoxification. Iaso® Tea Instant provides several all-natural and organic extracts well-known for their anti-inflammatory and antioxidant qualities. The addition of soluble fiber in Iaso® Tea Instant's formula is designed to reduce appetite so you will feel fuller after eating. Iaso® Tea Instant works synergistically with Total Life Change's full line of health and wellness supplements.

Consuming the tea prior to meals will begin to affect the stomach's "stretch receptors" which send a message to the brain that food is present. The soluble fiber enters the digestive tract after consumption, causing hormonal signals to be released to the hypothalamus (which controls body temperature, hunger, thirst, fatigue, sleep, and circadian rhythms).

Both of these signals will continue to be released as your meal is consumed, the creating a "feel-full factor" sensation within the brain.



Soluble Fiber Dextrin

Nutriose® FM 06 is a soluble dextrin derived from corn starch (which provides the benefits of dietary fiber while maintaining the tea's quality). It has a low viscosity and dissolves in water easily. Studies have shown that soluble fiber dextrin can promote satiety (the sensation of feeling full).

Cassia Angustifolia Extract

The extract of the seeds of Cassia Angustifolia, a native Indian plant, are reported to have powerful cleansing qualities that relieve constipation. The extract may also increase colon motility.

Carica Papaya Extract

This flowering plant originated within Southern Mexico and Central America. Carica Papaya is believed to have anti-inflammatory, antioxidant, and wound-healing properties

Matricaria Chamomilla Extract

This extract is derived from the flowering head of the annual plant. It has been used in herbal medicine to treat stomach pain, irritable bowel syndrome, and as a gentle sleep aid.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any diseases.

This material is provided for informational purposes only and is not medical advice. Always consult your physician before beginning any new diet, exercise, or health regimen.