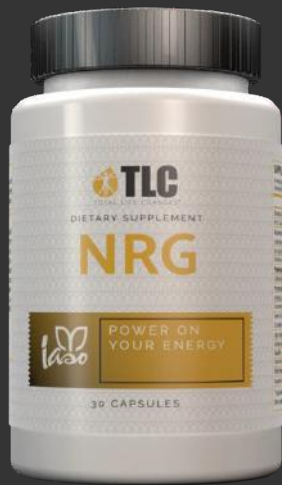


# NRG



Enhance your energy, metabolize fat, and reduce hunger

This best-selling product provides an all-natural thermogenic blend that is designed to suppress your appetite so you can eat less food and not feel hungry.

Our unique formula includes leucine and green tea extracts. These natural ingredients can help prevent the body from converting calories into fat.

#### SUPPLEMENT FACTS

Serving Size: 2 capsules  
Servings Per Container: 15

	Amount per serving	%DV*
Vitamin B-6 Pyridoxine HCL	6 mg	300.00%
Vit B-12 Cyanocobalamin	100mcg	1666.66%
Magnesium (as Mg Carbonate, Concentrace AC, AquaMins)	9.8 mg	2.40%
Zinc (as Zinc Gluconate)	2 mg	13.33%
Chromium (as Chromium Nicotinate)	240 mcg	200.00%
<b>Proprietary Blend</b>	<b>738.8 mg</b>	
Caffeine (Natural)		*
Phenylethylamine (PEA)		*
Jet Black Cocoa Powder		*
Cinnamon bark (Cinnamomum cassia)		*
Green Tea Ext (90% Polyphenols / 50% EGCG) (Camellia sinensis)		*
Alpha Ketoglutaric Acid		*
Griffonia Seed SE 99% 5-Hydroxytryptophan		*
AquaMins		*
Concentrace AC		*
Bitter Orange Ext 30% Advantra Z		*
Vanadium (Vanadyl Sulfate)		*

\* Daily Value Not Established  
Other Ingredients: Magnesium Stearate, Vegetarian Capsule, Silica

## Iaso® NRG

TLC's best-selling dietary supplement provides an all-natural thermogenic blend of ingredients to enhance energy, burn fat, elevate mood, and suppress the appetite. NRG is designed to increase the body's metabolic rate and burn more fat. It is a safe alternative to unhealthy energy drinks (that may contain three to five-times the caffeine found in a twelve-ounce serving of coffee or soda).

Iaso® NRG should be taken daily on an empty stomach. Take one to two capsules with twenty-four ounces of water. Allow ninety minutes before digestion of breakfast or lunch.

### Active Ingredients

#### Chromium

Helps to transport blood sugar (glucose) from the bloodstream into cells where it is then used to convert fats, carbohydrates, and proteins into energy. Chromium also slows the body's loss of calcium.

#### Vitamin B6 (Pyridoxine)

Required for the proper processing of sugars, fats, and proteins in the body, vitamin B6 is also required for the proper growth and development of the brain, nerves, skin, and many other parts of the body.

#### Vitamin B12

This vitamin is an essential water-soluble vitamin essential to the health of the brain, nerves, and skin. Up to 15% of adults have a vitamin B12 deficiency.

#### Advantra Z™ (Citrus Aurantium)

Widely known as bitter orange extract, Advantra Z™ is patented for fat burning (thermogenesis). Advantra Z™ alters the way your body metabolizes fat, leading to weight loss. A study conducted at Georgetown University stated that Advantra Z™ may be, "the best thermogenic substitute for ephedra."

#### Magnesium (Aquamin, Carbonate)

Required for energy production and contributes to the structural development of bone, adults who consume less than the recommended amount of magnesium are more likely to have elevated inflammation markers.

#### Zinc

Needed for the proper growth and maintenance of the human body, this element is required for proper immune system functions, wound healing, blood clotting, and the function of the thyroid.

#### Beta-Phenethylamine

A chemical naturally found in the body, Beta-Phenethylamine may improve athletic performance, speed weight loss, improve overall mood and increase the attention span.

#### Green Tea Extract

Made from the Camellia Sinensis plant, Green tea extract affects thinking and alertness, increases urine output, and may improve the function of the brain's chemical messengers. Epigallocatechin gallate (EGCG), a compound found in Green tea, is shown to increase fat oxidation by 33%. This 100%-pure extract may help to increase the body's metabolism, fat excretions, fat oxidation, and inhibit the development of fat cells.

#### Alpha-Ketoglutaric Acid (AKG)

An organic acid that is important for the proper metabolism of all essential amino acids and the transfer of cellular energy in the citric acid cycle, AKG can reduce levels of ammonia formed in the brain, muscles, and kidneys. It may also help to balance the body's nitrogen chemistry and prevent nitrogen excess in body tissues and fluids. Individuals with high protein intake, bacterial infections, or gastrointestinal dysbiosis may benefit from supplemental AKG to help balance ammonia levels and protect tissues.

#### Choline Bitartrate

Choline is combined with a chemical salt (bitartrate) to help its absorption by the body. Small amounts of choline are naturally produced, but these amounts do not meet the requirements of the human body. This is one reason why supplementation is recommended. According to recent studies, the vast majority of peoples' diets lack the proper levels of this nutrient. It is estimated that 2% or fewer of all post-menopausal women receive enough choline bitartrate through food intake.

#### 5-Hydroxytryptophan (5-HTP)

Produced from the seeds of an African plant, Griffonia simplicifolia, 5-HTP increases the production of serotonin within the brain. Serotonin can affect sleep, appetite, body temperature, sexual behavior, and the sensation of pain. Since 5-HTP increases the synthesis of serotonin, it may play an important role in treating depression, insomnia, and obesity.

#### Vanadyl Sulfate (Vanadium)

A mineral used for improving athletic performance in weight training, Vanadium is believed to play a role in regulating the body's blood sugar levels in ways similar to insulin. Studies show that vanadyl sulfate helps muscle cells by increasing the levels of proteins, amino acids, and carbohydrates within muscle tissues.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any diseases.

This material is provided for informational purposes only and is not medical advice. Always consult your physician before beginning any new diet, exercise, or health regimen.