

# (TE-CHEW-E)

500MG 100% PURE SPIRULINA POWDER



laso® Techui is 100% refined spirulina powder, a nutritious form of alkaline food. It is rich in protein, vitamins, minerals, chlorophyll and other essential nutrients needed daily by the human body.

Used by Aztecs centuries ago, spirulina became increasingly popular when used by NASA astronauts in the 1970's as part of their diet. Gram for gram, spirulina may literally be the single most nutritious food on the planet. It's outstanding nutritional profile, high protein, and low calorie count makes it a superfood providing excellent nutrients in addition to boosted energy levels and enhanced stamina.

Recent scientific research suggests numerous health benefits of this 'super-food'. Spirulina is a natural "algae" (cyanobacteria) powder that is incredibly high in protein and a good source of antioxidants, B-vitamins and other nutrients. It is one of the most potent nutrient sources available. Spirulina may help regulate blood sugar, blood pressure and cholesterol levels, alleviate pain, inflammation and reduce allergies, balance the immune system, improve digestion by increasing good gut flora and deliver antioxidant activity to protect from life-threatening diseases.

A study conducted at the JC Bose Institute of Life Sciences, Bundelkhand University, Jhansi, published in 'Current Pharmaceutical Biotechnology' in 2005, reported that spirulina improves the activity of white blood cells, stimulates antibodies and increases the population of natural killer cells.

Think of it as having all the benefits of a salad, without having to eat leaves.

## Supplement Facts

Serving size: 1 capsule

Servings per container: 90

Amount Per Serving:

Calories: 2    Calories from Fat: 2

% Daily Value

Total Fat:	33mg	<1%
Cholesterol:	0	0%
Sodium:	0	0%
Total Carbohydrate:	141mg	<1%
Dietary Fiber:	0	0%
Sugars:	0	0%
Protein:	278mg	<1%

Spirulina Powder: 500mg

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\*Daily value Not Established

Vitamin A: 0    Vitamin C: 0

Calcium: 0    Iron: 0

Other Ingredients: Vegetable Capsule

