

**WRITE DOWN FIVE GOALS FOR YOUR BUSINESS IN 2023**

**Here are some suggestions:**

- Specific rank goals for 2023 and a date it will be achieved
- Financial goals you want to achieve for the year
- Friends or family members that you have goals of helping/supporting  
If so, what goals did you have in mind in terms of supporting them?
- A specific goal of the number of new Life Changers you will sponsor and support in 2023
- Physical/Wellness Goals for 2023

**2023 Goals**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**What are five things you will gain if you achieve them?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**What are five things you will lose if you don't?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_