

WHY DID YOU JOIN TOTAL LIFE CHANGES? WRITE UP TO TEN REASONS AND CIRCLE YOUR TOP THREE.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

YOUR HEALTH GOALS

What are your health goals? Check all that apply.

- | | | |
|--------------------------------------|--|--|
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Mood & Energy | <input type="checkbox"/> Improved Diet |
| <input type="checkbox"/> Cleansing | <input type="checkbox"/> Other _____ | |
- Select One or More*

WRITE A SUMMARY OF YOUR OVERALL HEALTH GOALS.

WHAT ARE YOUR INCOME GOALS?

- ___ \$100 consistently every week in the next 60 days
- ___ \$250 consistently every week in the next 60 days
- ___ \$500 consistently every week in the next 60 days
- ___ \$1,000 or more consistently every week in the next 60 days

YOUR BUSINESS GOALS

How many hours will you be able to dedicate to your TLC business to reach your weekly goals in the next 60 days?

- SELECT ONE: 0-10 11-20 20+