

# NutraBurst®

PREMIUM LIQUID MULTIVITAMIN

STORE AWAY FROM HEAT AND LIGHT. REFRIGERATE AFTER OPENING.

## TAKE IT

Shake well. Best used early morning on an empty stomach. May be combined with juice.

## DOSE

One tablespoon daily.

# Feel Ultra Human.



OUR #1 SELLING PREMIUM LIQUID MULTIVITAMIN

## About NutraBurst®

This mighty daily supplement goes above and beyond to give your body the greatness it deserves. With over 72 minerals, 12 vitamins, 22 Phytonutrients, 18 Amino Acids, 18 vegetables, NutraBurst® is a powerhouse of health and wellness you can feel. A comprehensive supplement that far exceeds any recommended daily consumption of vitamins and nutrients in a single tablespoon – all from one bottle.

## Feed Your Body

NutraBurst is a complete vitamin supplement that meets and exceeds the recommended daily consumption of vitamins and essential nutrients in a single tablespoon. These included ingredients are vital to maintaining a healthy body.<sup>1</sup> NutraBurst provides Calcium for bones, teeth and muscles; Magnesium for the nervous system; Chromium to help regulate insulin; Potassium for maintaining fluid balance; Phosphorous for supporting acid-base balance; Iodine for a your metabolism; and many more important common and trace minerals.<sup>1</sup> NutraBurst is also a great source of plant-based, whole food ingredients. In studies sponsored by the National Institutes of Health, diets heavy with plant-based whole foods have been shown to support your body's overall wellness.<sup>2</sup>

## Feel Better All Day and Night

The multi-blend formula includes nineteen amino acids to ensure your body is performing to the best of its ability. Amino acids and proteins are the building blocks of life. A large proportion of our cells, muscles and tissue are made up of amino acids, meaning they carry out many important bodily functions. The amino acids in NutraBurst may help muscle recovery during your healthy exercise program.<sup>3</sup>

## Active Ingredients:

### Plant-Derived Mineral Compounds\*

A highly bioactive blend of up to 72 naturally occurring major and trace minerals and elements including Calcium, Magnesium, Chromium, Boron, Cobalt, Potassium, Manganese, Molybdenum, Chloride, Vanadium, Lithium, Silver, Zinc, Copper, Phosphorus, Sulfur, Silicon, Nickel, Iodine, and Tin. Includes Fulvic Acid.

### Proprietary Herbal Complex

AloeCera, Panax Ginseng, Citrus Bioflavonoids, Corn Silk, Cranberry, Goldenrod, Grape Seed Extract Green Tea Extract, Juniper Berries, Kelp, Pau'd Arco and Milk Thistle Extract.

### Amino Acid Complex\*

I-Alanine, I-Isoleucine, I-Serine, I-Arginine, I-Leucine, -Threonine, I-Aspartic Acid, I-Lysine, I-Tryptophan, I-Cysteine, I Methionine, I-Tyrosine, I-Glutamic Acid, I-Phenylalanine, I-Valine, I-Glycine, I-Histidine, I-Proline.

### Fruit and Vegetable Phytonutrient Enzyme Blend

Plant enzyme concentrate (bromeliad, papain, amylase, cellulase, lactase, lipase, pro-tease), pineapple, broccoli, apple, orange, cauliflower, celery, grapefruit, kale, raspberry, spinach, strawberry, lemon, papaya, peach, and pear.

### Whole Food Green Blend

Barley greens, buckwheat, wheat grass, chlorella, spiraling algae, barley malt, mung bean, soybean, bee pollen, acerola 4:1 extract, licorice root extract, astragalus root and bilberry 5-:1 extract.

## Best Used With:

**Phyte** is packed with plant-based whole food.

**NRG** dietary supplement provides focus, sustained energy, and fat-burning capabilities.\*

**ProZ** is a two-capsule combination of probiotic, prebiotic, and enzyme blend combined with a formula designed to help you feel great day and night!\*

### References:

1. University of Michigan <https://www.uofmhealth.org/health-library/ta3912>
2. National Institutes of Health <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3650511/>
3. National Institutes of Health <https://ods.od.nih.gov/factsheets/ExerciseAndAthleticPerformance-HealthProfessional/>

## Supplement Facts

Serving Size 1 Tablespoon (14.79ml)  
Servings Per Container 32

|  | Amount Per Serving | % Daily Value* |
|--|--------------------|----------------|
| Calories                                     | 15                 |                |
| Total Carbohydrates                          | 4g                 | 1%             |
| Total Sugars                                 | 4g                 | **             |
| Includes 4g Added Sugars                     |                    | 8%*            |
| Vitamin A (as Vitamin A Palmitate)           | 1500mcg            | 167%           |
| Vitamin C (as Ascorbic Acid)                 | 120mg              | 133%           |
| Vitamin D (as Cholecalciferol)               | 10mcg              | 50%            |
| Vitamin E (as D-Alpha Tocopheryl Acetate)    | 20mg               | 133%           |
| Thiamin (as Thiamine HCl)                    | 1.5mg              | 125%           |
| Riboflavin                                   | 1.7mg              | 131%           |
| Niacin (as Niacinamide)                      | 20mg               | 125%           |
| Vitamin B6 (as Pyridoxine HCl)               | 5mg                | 294%           |
| Folate (as Folic Acid)                       | 667mcg             | DFE 167%       |
| Vitamin B12 (as Methylcobalamin)             | 18mcg              | 750%           |
| Biotin                                       | 300mcg             | 1000%          |
| Pantothenic Acid (as D-Calcium Pantothenate) | 10mg               | 200%           |
| Calcium                                      | 25mg               | 2%             |
| Magnesium                                    | 5mg                | 1%             |
| Selenium (as L-Selenomethionine)             | 70mcg              | 127%           |
| Potassium                                    | 6mg                | <1%            |

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.



Total Life Changes®, LLC  
Fair Haven, MI 48023  
1-810-471-3812  
[www.TotalLifeChanges.com](http://www.TotalLifeChanges.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Not intended for use by children. If you are pregnant, nursing, or taking medications, consult your physician prior to use.