

Original Iaso® Tea

THE ORIGINAL BREWED FORMULA

STORE IN A COOL, DRY PLACE.

MAKE IT

Bring (1) quart water to rolling boil. Add (2) tea bags and cover. Remove from heat and let steep for 4 to 8 hours. Combine steeped tea with (3) quarts cold water to make (1) gallon of tea and refrigerate.

TAKE IT

Morning, afternoon, and night

DOSE

Drink one (8) oz glass with lunch & dinner. And 1/2 cup with an evening snack.

The Transforming Power of Tea.



About Original Iaso® Tea

Celebrated worldwide for its gentle cleansing abilities, our Original Iaso® Tea helps with healthy weight management, appetite control and enhances beneficial trips to the bathroom. Powered by an exceptional blend of eight essential herbs designed to cleanse the intestines to help purge the body of harmful toxins.* Just drinking two and a half cups a day will support your healthy eating patterns and exercise routines to help you achieve your weight-loss goals.*

Active Ingredients:

Holy Thistle/Blessed Thistle

Holy Thistle, also known as Blessed Thistle, native to Europe and Asia, has several uses in traditional medicine.¹

Persimmon Leaves

Japanese persimmon is a plant known for its nutrition.²

Papaya

Papaya contains an enzyme called papain that assists digestion and is also high in fiber and water content.³

Malva Leaves

Mallow plant or "malva" is a nutritious edible green leaf variety that is native to Europe, but grows all over the world in a variety of climates and soil conditions. All parts, including the leaves are used in traditional medicine to maintain a healthy digestive system.⁴

Marsh Mallow

Althaea Officinalis, or marsh mallow, is a perennial species indigenous to Europe, Western Asia, and North Africa, which is used in herbalism. Practitioners use marsh mallow to maintain healthy bowels and stomach.⁶

Ginger

Ginger is a flowering plant whose rhizome (ginger root) is widely used for spice and medicine. The phenolic compounds in ginger are known to help the body's natural digestive tract.⁵

Myrrh

Myrrh is a sap-like substance (resin) that comes out of cuts in the bark of trees that are members of the *Commiphora* species. Myrrh is used for supporting digestion and maintaining healthy joints.⁷

Chamomile

Chamomile is an herb that comes from the daisy-like flowers of the *Asteraceae* plant family. It has been consumed for centuries as a natural remedy for several health conditions. It contains apigenin, an antioxidant that binds to certain receptors in your brain.⁷

Best Used With:

NutraBurst liquid multivitamin dietary supplement replenishes vital nutrients & minerals*.

NRG dietary supplement provides focus, sustained energy, and fat-burning capabilities.*

Resolution Drops dietary supplement for a healthy appetite.*

References:

1. U.S. National Library of Medicine <https://medlineplus.gov/druginfo/natural/94.html>
2. National Center for Biotechnology Information <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4464271/>
3. National Center for Biotechnology Information <https://pubmed.ncbi.nlm.nih.gov/23524622/>
4. National Center for Biotechnology Information <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3985058/>
5. National Center for Biotechnology Information <https://pubmed.ncbi.nlm.nih.gov/10178636/>
6. National Institutes of Health <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4518423/>
7. National Center for Biotechnology Information <https://pubmed.ncbi.nlm.nih.gov/28091973/>

Nutrition Facts	
16 servings per container	
Serving size	8oz
Amount per serving	
Calories	0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Protein <1g	
Vitamin A	<2%
Vitamin C	<2%
Calcium	2%
Iron	<1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Not intended for use by children. If you are pregnant, nursing, or taking medications, consult your physician prior to use.