

# laso® Tea

ALL-NATURAL DETOX & CLEANSE

STORE IN A COOL, DRY PLACE.

MAKE IT	TAKE IT
Bring (1) quart water to rolling boil. Add (2) tea bags and cover. Remove from heat and let steep for 4 to 8 hours. Combine steeped tea with (3) quarts cold water to make (1) gallon of tea and refrigerate.	Morning, afternoon, and night
	DOSE
	Drink an (8) oz glass with lunch/dinner and 1/2 cup with evening snack.



PROVIDES A GENTLE DETOX



## Tea That Takes the Pounds Down

A world-famous all-natural cleansing drink.

Benefits of our detox tea include assisting healthy weight-management, appetite control, and support for productive trips to the bathroom.\*

Drink 2 1/2 cups a day to support your nutritious diet and exercise program to work toward your weight-loss goals.

The original laso® Tea is powered by a unique blend of nine essential herbs designed to cleanse the upper and lower intestines to help the body purge harmful toxins. Our ingredients have a number of health benefits. These include the digestive support from thistle<sup>1</sup>; the dietary advantages and fiber of persimmon leaves<sup>2</sup>; encouraging stomach health from papaya<sup>3</sup>; the healthy digestive system support from malva leaves<sup>4</sup>; ginger, for its digestive stimulation properties<sup>5</sup>; the positive digestive impact of marsh-mallow<sup>6</sup>; and the anti-inflammatory and supportive properties of chamomile and myrrh<sup>7</sup>.

This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.

## Active Ingredients:

### Holy Thistle/Blessed Thistle

Holy Thistle, also known as Blessed Thistle, native to Europe and Asia, has several uses in traditional medicine.\*

### Persimmon Leaves

Japanese persimmon is a plant known for its nutrition.\*

### Papaya

Papaya contains an enzyme called papain that assists digestion and is also high in fiber and water content.\*

### Malva Leaves

Mallow plant or "malva" is a nutritious edible green leaf variety that is native to Europe, but grows all over the world in a variety of climates and soil conditions. All parts, including the leaves are used in traditional medicine to maintain a healthy digestive system.\*

### Marsh Mallow

Althaea officinalis, or marsh-mallow, is a perennial species indigenous to Europe, Western Asia, and North Africa, which is used in herbalism. Practitioners use marshmallow to maintain healthy bowels and stomach.\*

### Ginger

Ginger is a flowering plant whose rhizome, ginger root or ginger, is widely used as a spice and medicine. The phenolic compounds in ginger are known in some people to help the body's natural digestive tract.\*

### Myrrh

Myrrh is a sap-like substance (resin) that comes out of cuts in the bark of trees that are members of the Commiphora species. Myrrh is used for supporting digestion and maintaining healthy joints.\*

### Chamomile

Chamomile is an herb that comes from the daisy-like flowers of the Asteraceae plant family. It has been consumed for centuries as a natural remedy for several health conditions. It contains apigenin, an antioxidant that binds to certain receptors in your brain.\*

## Best Used With:

**NutraBurst +** liquid multivitamin dietary supplement replenishes vital nutrients & minerals\*.

**NRG** dietary supplement provides focus, sustained energy, and fat-burning capabilities.\*

**Resolution Drops** dietary supplement suppresses appetite and offers aggressive weight loss.\*

### References:

1. U.S. National Library of Medicine <https://medlineplus.gov/druginfo/natural/94.html>
2. National Center for Biotechnology Information <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4464271/>
3. National Center for Biotechnology Information <https://pubmed.ncbi.nlm.nih.gov/23524622/>
4. National Center for Biotechnology Information <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3985058/>
5. National Center for Biotechnology Information <https://pubmed.ncbi.nlm.nih.gov/10178636/>
6. National Institutes of Health <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4518423/>
7. National Center for Biotechnology Information <https://pubmed.ncbi.nlm.nih.gov/28091973/>

Nutrition Facts	
16 servings per container	
<b>Serving size</b>	<b>8oz</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>0</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
<b>Protein</b> <1g	
Vitamin A	<2%
Vitamin C	<2%
Calcium	2%
Iron	<1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Persimmon Leaves, Holy Thistle, Malva Leaves, Marsh Mallow, Blessed Thistle, Papaya, Myrrh, Chamomile and Ginger



Total Life Changes®, LLC  
Fair Haven, MI 48023  
1-810-471-3812  
[www.TotalLifeChanges.com](http://www.TotalLifeChanges.com)

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.