

Immuni-Tea

DIETARY SUPPLEMENT

STORE IN A COOL, DRY PLACE.

MAKE IT

Mix 1 sachet with at least 16.9 fl. oz. hot/cold water.

TAKE IT

Morning, noon, or night.

DOSE

One sachet daily or as directed by your healthcare professional.



The boost your body needs for all of life's challenges!

New from Total Life Changes, our Immuni-Tea will leave you feeling more powerful than ever before.

Loaded with vitamins and all-natural herbal extracts, Immuni-Tea supports your healthy immune system and will help keep your digestive system working the way it should.

The people of Total Life Changes know a thing or two about tea. Immuni-Tea delivers the impact on your body and spirit you've come to expect from TLC, and a great orange taste that will leave you looking forward to your next glass!*

Ingredients

Dextrin

Soluble fiber like dextrin can help regulate the digestive system, and can contribute to efficient absorption of the nutrients your body needs to stay its healthiest.¹

Malic Acid

Thanks to the role it plays in supporting your metabolism, adding malic acid to your diet may help you recover from exercise more quickly. Malic acid may also increase your body's levels of antioxidants.²

Turmeric Extract

Recent scientific studies have shown that turmeric extract is a powerful prebiotic and anti-inflammatory, important for maintaining a healthy digestive system.³

Vitamin D3

A study featured in the publication Endocrinology and Metabolism Clinics of North America shows that higher doses of Vitamin D can improve immune health and help the body's natural response to infections.⁴

Citric Acid

Useful as an antioxidant, citric acid also has important interactions with calcium in your blood.⁵

Tinospora Cordifolia Extract

Long a staple in traditional medicine, tinospora cordifolia has been shown in scientific studies to have noteworthy analgesic and anti-inflammatory properties.⁶

Ascorbic Acid

Vitamin C, here in the form of ascorbic acid, has long been identified by scientists as a nutrient that plays a vital role in maintaining a healthy immune system.⁷

Tulsi Extract

A powerful element with many applications in holistic and traditional medicine, tulsi extract, also known as holy thistle, has been shown in a number of scientific studies to have positive therapeutic effects on the body's healthy response to a number of situations.⁸

Stevia Extract

A popular low-calorie sweetener, not only does stevia support weight-management programs better than many other common sweeteners, it also uses far fewer resources to cultivate and harvest. That makes stevia good for the planet, as well as your body!⁹

Ashwagandha Extract

An anti-inflammatory used for centuries in traditional medicine, recent scientific studies have shown that ashwagandha extract has many properties that make it useful for maintaining several healthy body systems.¹⁰

Triphala Extract

An herb that frequently appears in traditional medicine, a recent report in the Journal of Alternative and Complementary Medicine called triphala "a cornerstone of gastrointestinal and rejuvenative treatment." It promotes good gut bacteria, while

helping to prevent unwanted gut bacteria, along with other positive effects.¹¹

Ginger Extract

Ginger is a common ingredient in many popular products, and is included here for the way it helps regulate a healthy digestive system.¹²

Best Used With

NutraBurst* liquid multivitamin dietary supplement to feed your body the low-cal way.*

NRG dietary supplement supports focus and energy throughout your busy schedule.*

ProZ is a two-capsule combination of all-natural probiotic, prebiotic, and enzyme blend combined with a formula designed to help you feel great day and night!*

References:

- <https://pubmed.ncbi.nlm.nih.gov/19215668/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4787273/>
- <https://pubmed.ncbi.nlm.nih.gov/31098880/>
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- <https://pubchem.ncbi.nlm.nih.gov/compound/Citric-acid>
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- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4890837/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3252722/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5567597/>
- <https://www.nccih.nih.gov/health/ginger>

Nutrition Facts

30 servings per container

Serving size **3.5 grams (3.5g)**

Amount per serving

Calories **5**

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	7%
Total Sugars 0g	
Protein 0g	
Vitamin D 212mcg	1060%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin C 88mg	100%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Dextrin (soluble dietary fiber), Malic Acid, Natural Flavors, Turmeric Extract, Vitamin D3, Citric Acid, Tinospora Cordifolia Extract, Ascorbic Acid, Tulsi Extract, Stevia Extract, Ashwagandha Extract, Triphala Extract, Ginger Extract.



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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.