

# Delgada

PREMIUM INSTANT COFFEE

STORE IN A COOL, DRY PLACE.

## MAKE IT

Mix one sachet into 8 fl. oz. of hot water.

## TAKE IT

In the morning, noon, or whenever you'd like!

## DOSE

One sachet as needed.



## Drink & Shrink

Café Delgada is a premium Arabica instant coffee powered with the natural strength of the Ganoderma Lucidum (Red Reishi) mushroom. Delgada provides the body with key nutrients and assists in maintaining a healthy appetite. With consistent healthy diet and exercise, Delgada can be a part of your overall wellness program. Our improved formula now has fewer calories and is formulated with Garcinia Cambogia.\*

This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.

## Ingredients:

### Advantra Z® (Citrus Aurantium)

Widely known as "bitter orange extract", Advantra Z® is patented and designed to support a healthy diet and exercise program. It is a product that is derived from the immature (green) fruits of the Seville orange. Citrus aurantium supports your body's metabolism and can help you see results if you're trying to maintain your healthy weight.<sup>1</sup>

### Garcinia Cambogia

Garcinia Cambogia is a small to medium-sized tree that grows in India and Southeast Asia. The fruit rind contains the chemical hydroxycitric acid (HCA). It's a common ingredient in traditional medicines.\*

### Ganoderma Lucidum Extract

Ganoderma Lucidum is derived from the cap and stem of the Japanese Reishi mushroom. The primary ingredients are two phytochemicals known as beta-glucan polysaccharides and triterpenes. Reishi has been a popular medicinal herb for at least 2,000 years in the Far East. Additionally, scientific studies have shown it has a supportive effect on a body's overall wellness.<sup>2</sup>

### Green Bean Extract

Green Bean Extract is produced from the coffee beans that have not yet been roasted. Though more testing is still needed, early scientific studies point to the green beans having a supportive effect in weight maintenance programs.<sup>3</sup>

## Best Used With:

All-natural Original & Instant Iaso® detox cleansing tea.\*

NRG dietary supplement.\*

Resolution Drops dietary supplement.\*

## References:

1. National Center for Biotechnology Information <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5954905/>
2. National Library of Medicine <https://pubmed.ncbi.nlm.nih.gov/19779111/>
3. National Center for Biotechnology Information <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2943088/>

## Nutrition Facts

28 Servings per container	
<b>Serving size</b>	<b>1 Packet (2.8g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>10</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
<b>Protein</b> 1g	
Calcium	6%
Potassium	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other ingredients: Premium Arabica Instant Coffee, Garcinia Cambogia Extract (60% HCA), Green Coffee Bean Extract (50% Chlorogenic Acids), Natural Caffeine, Advantra Z® and Ganoderma Extract.



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This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.