

FRUIT PUNCH INSTANT IASO® TEA

REFRESHING TASTE & GENTLE CLEANSER

All Teas Should Be This Happy.



ABOUT

Feel the bliss and the cleansing benefits of this proprietary instant formula infused with a spirited, fruity flavor. Our Fruit Punch Instant Iaso® Tea is like no other and offers an assortment of health benefits in only ten calories per serving. Be happy and in the moment with one of our most sought-after teas!

Our unique blend is intended to provide gentle colon cleansing and several natural extracts well known for their anti-inflammatory and antioxidant qualities. The addition of soluble fiber in our Iaso® Tea Instant's formula is designed to reduce appetite, so you'll feel fuller after eating. It also works synergistically with Total Life Changes® full line of health and wellness products.

The soluble fiber we've included in our tea encourages a healthy appetite and helps you feel full. In studies, soluble fiber has been shown to promote a healthy diet and maintain a healthy intestinal track.¹

This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness and nutrition success depends on each individual's background, dedication, desire and motivation.

HOW YOU'LL FEEL

- Promotes digestive wellness.*
- Supports the circulatory system.*
- Encourages healthy intestines.*

HOW TO USE

MAKE IT

Mix one sachet with at least 16.9 fl. oz. hot/cold water.

TAKE IT

30 minutes before eating.

DOSE

Two sachets daily.

BENEFITS

Encourages a healthy gut.

ACTIVE INGREDIENTS

Soluble Fiber Dextrin

Nutriouse® FM 06 is a soluble dextrin derived from corn starch, which provides the benefits of dietary fiber while maintaining the quality of the tea. It has a low viscosity and dissolves in water easily.*

Cassia Angustifolia Extract

The extract of the seeds of Cassia Angustifolia, a native Indian plant, are reported to have powerful cleansing qualities that help relieve constipation. The extract can support healthy colon motility and provides beneficial antioxidants.²

Carica Papaya Extract

This flowering plant originated within southern Mexico and Central America. Scientific studies have shown that papaya supports digestive health.³



Total Life Changes®, LLC
Fair Haven, MI 48023
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Not intended for use by children. If you are pregnant, nursing, or taking medications, consult your physician prior to use.

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ACTIVE INGREDIENTS

Matricaria Chamomilla Extract

This extract is derived from the flowering head of the annual plant. It's been used in herbal medicine to maintain stomach health and comfort* and studied its anti-inflammatory properties.⁴

BEST USED WITH

NutraBurst+ liquid multivitamin dietary supplement to feed your body the low-cal way.*

NRG dietary supplement supports focus, sustained energy, and healthy exercise programs.*

Resolution Drops dietary supplement for a healthy appetite.*

References:

1. National Center for Biotechnology Information
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3029787/>
2. National Center for Biotechnology Information
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4121200/>
3. National Center for Biotechnology Information
<https://pubmed.ncbi.nlm.nih.gov/23524622/>
4. National Center for Biotechnology Information
<https://pubmed.ncbi.nlm.nih.gov/28091973/>

Supplement Facts

30 Servings Per Container

Serving Size

1 Sachet (3.8 g)

Amount Per Each%

DV

Calories	10	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Cholesterol	0 mg0	%
Total Carbohydrate	2 g	< 1%*
Dietary Fiber	2 g	7%
Total Sugars	0 g	†
Sodium	0 mg	< 1%

* Percent Daily Values (DV) are based on a 2000 calorie diet

† Daily Value (DV) not established

Ingredients: Dextrin (soluble dietary corn fiber), Natural Flavors, Citric Acid, Beet Root, Malic Acid, Cassia Angustifolia Extract, Stevia Extract, Carica Fruit Extract, Matricaria Chamomilla Extract.



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